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## CURRICULUM VITAE

# PAOLO GONTERO

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Born in Ivrea (Italy) the 3th of June, 1968

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## EDUCATION

- **High school degree** in Classical Studies in 1987
  - **Degree in Medicine and Surgery** the 26th of October 1993 at the University of Torino (Italy).
  - **Professional habilitation obtained in November** 1993.
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## MEMBERSHIP TO SCIENTIFIC SOCIETIES

- Italian Society of Andrology (**SIA**)
  - European Society of Sexual Medicine (**ESSM**)
  - European Association of Urology (**EAU**)
  - Italian Society of Urology (**SIU**)
  - Società Italiana di Urologia Nuova (**SUN**)
  - Associazione Urologi Piemontesi (**AUP**)
  - European Organization for Research and Treatment of Cancer (**EORTC-GU**): full membership
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- **Specialist in Urology** since the 25<sup>th</sup> of November 1999 at the University Training of Torino, recognized by the EBU (European Board of Urology) in 1998.
  - **Urologist at the Department of Urology of the University of Piemonte Orientale**, Novara, Italy, since the 9<sup>th</sup> of June 2000. Ongoing position
  - Since March 2002 he is holding the Academic Position of **Reader in Urology** at the University of Piemonte Orientale, Novara, Italy. Ongoing position
  - The 11/2003 he obtained a **Second Level Master degree in Surgical Andrology** at the University of Torino.
  - From the 1<sup>st</sup> of November 2003 to the 5<sup>th</sup> of May 2004 he has been a **Consultant Urologist** in the Department of Urology, St George Hospital, London, UK.
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## TRAINING IN FOREIGN COUNTRIES

- 6-8/1996 "Clinical Fellowship" at the Department of Urology, Tampere University Hospital, Finland (Prof. T. Tammela).
- 1/98 – 3/99 "Research Registrar" and "Specialist Registrar" in Urology at King's College Hospital, London (working for Mr MJ Coptcoat and Mr GH Muir).
- 8/99 - 10/99 "Locum Specialist Registrar" in Urology at Medway Maritime Hospital, Kent, UK (Consultants: Mr G. Mufti, Mr JH Palmer).
- 1/2000 - 4/2000 Staff Grade at the Department of Urology, Medway Maritime Hospital, Kent, UK
- 28/8/2001 – 12/9/2001 Locum Staff Grade at the Department of Urology, Medway Maritime Hospital, Kent, UK
- 1/9/2002 – 18/9/2002 Locum Staff Grade in Urology at the Department of Urology, Medway Maritime Hospital, Kent, UK

- 1/11/2003 – 05/05/2004 Locum Consultant Urologist, St George Hospital, London, UK
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## POSITIONS

- 5/94-11/97 **National Communicating Officer** for the European Society of Residents in Urology (ESRU, formerly EBUT)
  - 3/98 **Member of the Scientific Comity** in the Vth International Meeting of the ESRU held during the EAU Congress (Barcelona 21/3/98)
  - 2000 - **Full member** of the **European Organization of Research and Treatment of Cancer**, GU Group (**EORTC GU**)
  - 2007- **Secretary of the Italian Research Foundation in Urology** L.U.N.A (Ongoing position)
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## TEACHING EXPERIENCE

- 2000-2006 **Assistant Professor** of the Urological Oncology Course to the Medical Students at the School of Medicine, University of Piemonte Orientale, Novara, Italy
  - 2001-2006 **Assistant Professor** of Urological Oncology, Andrology and Endoscopic Surgery at the Urological Training Centre of Novara, Italy
  - 2004-2006 **Aggregate Professor** of the Course of Urology to Medical Students at the University of Piemonte Orientale of Novara, Italy
  - 2007- **Aggregate Professor** of Urology at the Gynaecology, Nephrology and Urology Training Centres of the University of Torino
  - 2007- **Professor of Urology** at the University of Nurse Sciences of the University of Torino, Torino, Italy
  - 2007- on: **Teacher** of the European School of Urology I the Course on Ablative Techniques of Small Renal Tumours
  - 2008 nominated **Faculty Member** of the European School of Urology.
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## REVIEWER ACTIVITY

Reviewer of the following International Journals:

- European Urology
  - British Journal of Urology
  - Journal of Urology
  - Prostate Cancer and Prostatic Diseases
  - World Scientific Journal
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## SCIENTIFIC PAPERS

### **Impact factor: 130.0**

52) van Andel G, Bottomley A, Fosså SD, Efficace F, Coens C, Guerif C, Kynaston H, **Gontero P**, Thalmann G, Akdas A, D'haese S, Aaronson N. An international prospective field study of the EORTC QLQ-PR25: a questionnaire for assessing the health-related quality of life of patients with prostate cancer. Eur J Cancer 2008, accepted for publication **IF: 4.454**

51) **Gontero P**, Di Marco M, Giubilei G, Bartoletti R, Pappagallo G, Tizzani A, Mondaini N. Use of penile extender device in the treatment of penile curvature due to Peyronie's disease. Results of a phase II prospective study. J Sex Med 2008, accepted for publication **IF: 6.199**

50) **Gontero P**, Di Marco M, Giubilei G, Bartoletti R, Pappagallo G, Tizzani A, Mondaini N. A pilot phase II prospective study to test the efficacy and

tolerability of a penile extender device in the treatment of "short penis". **BJU Int** 2008, accepted for publication. **IF: 2.751**

**49) Gontero P**, Joniau S, Van Poppel H. Radical prostatectomy for PSA over 100 prostate cancer. Letter **Eur Urol** 2008, April 8. Epub ahead of print. **IF: 5.634**

48) Terrone C, **Gontero P**, Volpe A, Porpiglia F, Bollito E et al. Proposal of an improved classification for pT3 renal cell carcinoma **J Urol**. 2008 Jul;180(1):72-8 **IF: 4.053**

**47) Gontero P**, Ceratti G, Guglielmetti S, Andorno A, Terrone C, Bonvini D, Faggiano F, Tizzani A, Frea B, Valente G. Prognostic factors in a prospective series of papillary renal cell carcinomas. **BJU Int**, **BJU Int**. 2008 May 16 **IF: 2.751**

46) Sogni F, Brausi M, Frea B, Martinengo C, Faggiano F, Tizzani A, **Gontero P**. Morbidity and Quality of Life in Elderly Patients Receiving Ileal Conduit or Orthotopic Neobladder After Radical Cystectomy for Invasive Bladder Cancer. **Urology**. 2008 May;71(5):919-23

45) Sogni F, Zacchero M, Parola A, Carboni F, Terrone C, **Gontero P**. Sexual function in women undergoing hemodialytic treatment assessed using the female sexual function index and the somatic inkblot series test. **Clin Nephrol**, 2008; 69. **IF: 1.320**

44) Giuliano F, Patrick DL, Porst H, La Pera G, Kokoszka A, Merchant S, Rothman M, Gagnon DD, Polverejan E; 3004 Study Group. Premature ejaculation: results from a five-country European observational study. **Eur Urol**. 2008 May;53(5):1048-57. **IF: 5.634**

**43) Gontero P**, Tizzani A. Intravesical Gemcitabine: State of the Art. **Eur Urol suppl** 2007; 6: 809–815. **IF: 2.507**

42) Zitella A, **Gontero P**. Re: Lack of association between matrix metalloproteinase-1 (MMP-1) promoter polymorphism and risk of renal cell carcinoma. **Int Braz J Urol**. 2007 Nov-Dec;33(6):838-9.

41) Bartoletti R, Cai T, Mondaini N, Dinelli N, Pinzi N, Pavone C, **Gontero P**, Gavazzi A, Giubilei G, Prezioso D, Mazzoli S, Boddi V, Naber KG; Italian Prostatitis Study Group. Prevalence, incidence estimation, risk factors and characterization of chronic prostatitis/chronic pelvic pain syndrome in urological hospital outpatients in Italy: results of a multicenter case-

control observational study. **J Urol**. 2007 Dec;178(6):2411-5. **IF: 4.053**

40) Gianino MM, Galzerano M, Tizzani A, **Gontero P**. Critical issues in current comparative and cost analyses between retropubic and robotic radical prostatectomy. **BJU Int**. 2008 Jan;101(1):2-3. **IF: 2.751**

39) Sogni F, Monga G, Terrone C, **Gontero P**. Primary adenocarcinoma of the rete testis: diagnostic problems and therapeutic dilemmas. **Scand J Urol Nephrol**. 2008;42(1):83-5 **IF: 0.971**

38) Kocjancic E, Crivellaro S, Ranzoni S, Bonvini D, **Gontero P**, Frea B. Adjustable Continence Therapy for the treatment of male stress urinary incontinence: a single-centre study. **Scand J Urol Nephrol**. 2007;41(4):324-8. **IF: 0.971**

37) Mondaini N, **Gontero P**, Giubilei G, Lombardi G, Cai T, Gavazzi A, Bartoletti R. Finasteride 5 mg and sexual side effects: how many of these are related to a placebo phenomenon? **J Sex Med**. 2007 Nov;4(6):1708-12. **IF: 6.199**

**36) Gontero P**, Fontana F, Kocjancic E, Frea B, Tizzani A. Male and female sexual dysfunction (SD) after radical pelvic urological surgery. **ScientificWorldJournal**. 2006 Jan 19;6:2302-14. Review.

**35) Gontero P**, Galzerano M, Bartoletti R, Magnani C, Tizzani A, Frea B, Mondaini N. New insights into the pathogenesis of penile shortening after radical prostatectomy and the role of postoperative sexual function. **J Urol**. 2007 Aug;178(2):602-7. **IF: 4.053**

**34) Gontero P**, Marchioro G, Pisani R, Zaramella S, Sogni F, Kocjancic E, Mondaini N, Bonvini D, Tizzani A, Frea B. Is radical prostatectomy feasible in all cases of locally advanced non-bone metastatic prostate cancer? Results of a single-institution study. **Eur Urol**. 2007 Apr;51(4):922-9; discussion 929-30. **IF: 5.634**

**33) Mondaini N**, Giubilei G, Ungar A, Gontero P, Cai T, Gavazzi A, Bartoletti R, Geppetti P, Carini M. Alfuzosin (10 mg) does not affect blood pressure in young healthy men. **Eur Urol**. 2006 Dec;50(6):1292-6 **IF: 5.634**

**32) Gontero P**, Frea B. Actual experience and future development of gemcitabine in superficial bladder cancer. **Ann Oncol**. 2006 May;17 Suppl 5:v123-8. Review. **IF: 5,179**

31) Valenti G, **Gontero P**, Saccò M, Fontana F, Strollo F, Castellucci A, Heinemann

LA.Harmonized Italian version of the Aging Males' Symptoms scale. **Aging Male**. 2005 Sep-Dec;8(3-4):180-3.

**30) Gontero P**, Pretti G, Fontana F, Zitella A, Marchioro G, Frea B. Inguinal versus subinguinal varicocele vein ligation using magnifying loupe under local anesthesia: which technique is preferable in clinical practice? **Urology**. 2005 Nov;66(5):1075-9. **IF: 2.134**

**29) Gontero P**, Marini L, Frea B. Intravesical gemcitabine for superficial bladder cancer: rationale for a new treatment option. **BJU Int**. 2005 Nov;96(7):970-6. Review. **IF: 2.751**

28) Kocjancic E, Crivellaro S, Favro M, Ceratti G, Monesi G, **Gontero P**, Sala M, Giardiello G, Frea B. Sacral neuromodulation for urinary retention in a kidney-transplant patient. **Urol Int**. 2005;75(2):187-8. **IF: 0.820**

**27) Gontero P**, Masood S, Sogni F, Fontana F, Mufti G, Frea B. Upper urinary tract complications in pregnant women with an ileal conduit. Lessons learned from two cases. **Scand J Urol Nephrol**. 2004;38(6):523-4. **IF: 0.971**

**26) Gontero P**, Kirby RS. Nerve-sparing radical retropubic prostatectomy: techniques and clinical considerations. **Prostate Cancer Prostatic Dis**. 2005;8(2):133-9. Review. **IF: 2.024**

**25) Gontero P**, Fontana F, Zitella A, Montorsi F, Frea B. A prospective evaluation of efficacy and compliance with a multistep treatment approach for erectile dysfunction in patients after non-nerve sparing radical prostatectomy. **BJU Int**. 2005 Feb;95(3):359-65. **IF: 2.751**

24) Mondaini N, **Gontero P**. Idiopathic short penis: myth or reality? **BJU Int**. 2005 Jan;95(1):8-9. **IF: 2.751**

**23) Gontero P**, D'Antonio R, Pretti G, Fontana F, Panella M, Kocjancic E, Allochis G, Frea B. Clinical efficacy of Apomorphine SL in erectile dysfunction of diabetic men. **Int J Impot Res**. 2005 Jan-Feb;17(1):80-5. **IF: 2.059**

**22) Gontero P**, Sriprasad S, Wilkins CJ, Donaldson N, Muir GH, Sidhu PS. Phentolamine re-dosing during penile dynamic colour Doppler ultrasound: a practical method to abolish a false diagnosis of venous leakage in patients with erectile dysfunction. **Br J Radiol**. 2004 Nov;77(923):922-6.

21) Kocjancic E, Tarrano E, Panella M, Crivellaro S, Smith JJ 3rd, Maso G, Favro M, Ceratti G, **Gontero P**, Frea B. Evaluation of minimally

invasive analysis system for cough leak point pressure measurement. **J Urol**. 2004 Sep;172(3):994-7. **IF: 4.053**

**20) Gontero P**, Casetta G, Maso G, Sogni F, Pretti G, Zitella A, Frea B, Tizzani A. Phase II study to investigate the ablative efficacy of intravesical administration of gemcitabine in intermediate-risk superficial bladder cancer (SBC). **Eur Urol**. 2004 Sep;46(3):339-43. **IF: 5.634**

**19) Gontero P**, Banisadr S, Frea B, Brausi M. Metastasis markers in bladder cancer: a review of the literature and clinical considerations. **Eur Urol**. 2004 Sep;46(3):296-311. Review.

**18) Gontero P**, Kirby R. Proerectile pharmacological prophylaxis following nerve-sparing radical prostatectomy (NSRP). **Prostate Cancer Prostatic Dis**. 2004;7(3):223-6. Review. **IF: 2.024**

**17) Gontero P**, Frea B. Are the current conservative treatments for Peyronie's disease evidence-based? **BJU Int**. 2004 Jul;94(1):3-4. No abstract available. **IF: 2.751**

**16) Gontero P**, Kirby R. Early rehabilitation of erectile function after nerve-sparing radical prostatectomy: what is the evidence? **BJU Int**. 2004 May;93(7):916-8. **IF: 2.751**

15) Mondaini N, **Gontero P**. Re: A prospective study measuring penile length in men treated with radical prostatectomy for prostate cancer. M. Savoie, S. S. Kim and M. S. Soloway. **J Urol**. 2004 Jan;171(1):359-60

**14) Gontero P**, Muir GH, Frea B. Pathological findings of penile fractures and their surgical management. **Urol Int**. 2003;71(1):77-82. Review. **IF: 0.820**

**13) Gontero P**, Fontana F, Bagnasacco A, Panella M, Kocjancic E, Pretti G, Frea B. Is there an optimal time for intracavernous prostaglandin E1 rehabilitation following nonnerve sparing radical prostatectomy? Results from a hemodynamic prospective study. **J Urol**. 2003 Jun;169(6):2166-9. **IF: 4.053**

**12) Gontero P**, Sargent JM, Hopster DJ, Lewandowicz GM, Taylor CG, Elgie AW, Wilkerson CJ, Sriprasad SI, Muir GH. Ex vivo chemosensitivity to mitomycin C in bladder cancer and its relationship

with P-glycoprotein and apoptotic factors. **Anticancer Res.** 2002 Nov-Dec;22(6C):4073-80. **IF: 1.479**

11) Tizzani A, **Gontero P**, Casetta G, Piana P, Baima C, De Zan A, Bodo G, Pacchioni D. Immunohistochemical evaluation of the safety of transurethral electrovaporization of the prostate and its clinical results. *Prostate Cancer Prostatic Dis.* 1999 Jan;2(1):16-20. **IF: 2.024**

10) Mondaini N, Ponchietti R, **Gontero P**, Muir GH, Natali A, Caldarera E, Biscioni S, Rizzo M. Penile length is normal in most men seeking penile lengthening procedures. *Int J Impot Res.* 2002 Aug;14(4):283-6. **IF: 2.059**

9) **Gontero P**, Tizzani A, Muir GH, Caldarera E, Macaluso MP. The genetic alterations in the oncogenic pathway of transitional cell carcinoma of the bladder and its prognostic value. **Urol Res.** 2001 Dec;29(6):377-87. Review. **IF: 1.385**

8) Masood S, **Gontero P**, Mufti GR. Hematuria due to immune-mediated thrombocytopenic purpura. **Urol Int.** 2001;67(1):80-1. **IF: 0.820**

7) Priolo G, **Gontero P**, Martinasso G, Mengozzi G, Formiconi A, Pelucelli G, Zitella A, Casetta G, Viberti L, Aimo G, Tizzani A. Bladder tumor antigen assay as compared to voided urine cytology in the diagnosis of bladder cancer. *Clin Chim Acta.* 2001 Mar;305(1-2):47-53. **IF: 2.328**

6) **Gontero P**, Sidhu PS, Muir GH. Penile fracture repair: assessment of early results and

complications using color Doppler ultrasound. *Int J Impot Res.* 2000 Apr;12(2):125-8;

5) Casetta G, **Gontero P**, Zitella A, Pelucelli G, Formiconi A, Priolo G, Martinasso G, Mengozzi G, Aimo G, Viberti L, Tizzani A. BTA quantitative assay and NMP22 testing compared with urine cytology in the detection of transitional cell carcinoma of the bladder. **Urol Int.** 2000;65(2):100-5. **IF: 0.820**

4) **Gontero P**, Casetta G, Zitella A, Ballario R, Pacchioni D, Magnani C, Muir GH, Tizzani A. Evaluation of P53 protein overexpression, Ki67 proliferative activity and mitotic index as markers of tumour recurrence in superficial transitional cell carcinoma of the bladder. **Eur Urol.** 2000 Sep;38(3):287-96. **IF: 5.634**

3) **Gontero P**, Muir GH. Is prostate-specific antigen a reliable marker of bone metastasis in patients with newly diagnosed cancer of the prostate? **Eur Urol.** 1998 Dec;34(6):518-9. No abstract available.

2) Bodo G, **Gontero P**, Casetta G, Alpa M, Brossa G, Russo R, Tizzani A. Circadian antidiuretic hormone variation in elderly men complaining of persistent nocturia after urinary flow obstruction removal. **Scand J Urol Nephrol.** 1998 Sep;32(5):320-4. **IF: 0.971**

1) Casetta G, **Gontero P**, Russo R, Pacchioni D, Tizzani A. p53 expression compared with other prognostic factors in OMS grade-I stage-Ta transitional cell carcinoma of the bladder. **Eur Urol.** 1997;32(2):229-36. **IF: 5.634**

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## INDEXED PUBLICATIONS WITHOUT IMPACT FACTOR

- G. Casetta, P. Piana, P. Gamba, **P. Gontero**, G. Bodo, D. Lauro, P. Calderini. Comparsa in due fratelli di duplice neoplasia primitiva: carcinoma renale destro ed adenocarcinoma gastrico. **Min Urol Nefrol** 1995; 47: 49-51.
- Tizzani, G. Casetta, **P. Gontero** et al. DNA flow cytometry and Ki67 proliferating index as prognostic factors of early recurrence and progression in G1-G2/Ta-T1 and G3/Ta-T1 transitional cell carcinoma of the bladder. **Min Urol Nefrol** 1997; 49: 141-143.
- Tizzani, G. Casetta, **P. Gontero**. Screening for prostate cancer: reasons for, reasons against **Minerva Urol Nefrol** 1999; 51: 137-141.
- Gontero P. [The not-infrequent story of a superficial bladder carcinoma. Discussion of clinical case no.2] *Arch Ital Urol Androl.* 2006 Dec;78(4 Suppl 1):11-2.
- Gontero P, Coker C, Guglielmetti S, Sogni F, Frea B. An unusual presentation of ureteric colic. *Arch Ital Urol Androl.* 2006 Sep;78(3):115-6.

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## PUBLICATIONS NOT INDEXED

A. Tizzani, G. Casetta, **P. Gontero** et al. Ki67 immunohistochemistry in recurrent grade I transitional cell carcinoma of the bladder. *Acta Urol Ital* 1994; 6: 299-301.

A. Tizzani, G. Casetta, **P. Gontero** et al. Urinary levels of Ca195 tumor marker in patients with transitional cell carcinoma of the bladder. 4th Mediterranean Congress of Urology, Rhodes, 6-10 September, 1995. Monduzzi Editore.

A. Tizzani, **P. Gontero**, R. Russo et al. Effectiveness of intravesical chemioprophylaxis with MMC alone vs sequential MMC+IFNalpha2b. Preliminary report in a randomized multicentric study on 188 patients with superficial transitional cell carcinoma of the bladder. 4th Mediterranean Congress of Urology, Rhodes, 6-10 September, 1995. Monduzzi Editore.

G. Bodo, **P. Gontero** Eziopatogenesi dei tumori germinali del testicolo. *Urologia Pratica* 1996; 3: 123-126

A. Tizzani, G. Casetta, **P. Gontero** et al. TPS as urinary Tumor Marker in Transitional Cell Carcinoma of the Bladder. *Acta urol Ital* 1996; 10 (3): 243-245.

G. Casetta, A. Moiso, **P. Gontero** et al. Adenomatoid tumor of the epididymis. *Acta Urol ital* 1996; 10 (6): 425-427.

A. Tizzani, G. Casetta, P. Gamba, **P. Gontero**, G. Aimo. Bone Alkaline Phosphatase (B-Alp) as

Tumor Marker in Prostatic Adenocarcinoma. *Acta Urol Ital* 1996; 10 (2): 135-140.

**P. Gontero**, G. Casetta, A. Tizzani. La determinazione immunostochimica della proteina p53 nei tumori uroteliali. Luci ed ombre sulla sua utilita' come indice prognostico. Revisione della letteratura. *Urologia Pratica* 1997; 4: 161-170.

**P. Gontero**, E. Foppiani, L. Raiteri et al. Studio epidemiologico randomizzato e trasversale sulla prevalenza delle patologie dei genitali esterni e correlazione con I parametri del Minnesota Multiphasic personality inventory in un campione di 8000 giovani iscritti di leva. *Giorn Ital Androl* 1997; 4: 167-172.

A. Tizzani, **P. Gontero**, G. Casetta P53 determination in the diagnosis and staging of transitional cell bladder cancer. *Acta Urol Ital* 1999; 13 (2): 121-127.

**P. Gontero**, G. Casetta, G.H. Muir, A. Tizzani. L'apoptosi cellulare nei carcinomi di epitelio transizionale della vescica. *Urologia Pratica* 1999; 1: 3-12.

**P. Gontero**, J. Sargent, G.H. Muir. La chemiosensibilita' in vitro per la mitomicina valutata con l'ATP assay nei carcinomi di epitelio transizionale della vescica. Possibile correlazione con l'espressione della proteina GP 170 e con l'indice di apoptosi. "Urologia", Dicembre 1999.

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## CONGRESS PRESENTATIONS and PRIZES

Presenting author of 25 oral communications and 27 posters in International Meetings  
Presenting author of more than 30 communications and posters to Italian Congresses  
Winner of 2 prizes:

- **Best presentation at the Association of Urology** of North Italy, Turin 1998
- **Best edited manuscript at the Hot Topic Seminars**, Genua, 13 february 2009

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## BOOKS:

- Author of the book: " **I marcatori tumorali della vescica** " (*Tumour markers in bladder cancer*)(with A. Tizzani e G. Casetta) Published by Centro Scientifico Editore, 1999.
- Co-author of the Urological part of a text of Emergency Medicine: "**Medicina d'Urgenza: pratica e progresso**", Valerio Gai Editor, C.G. Edizioni Medico- Scientifiche, Torino, 2001

- Author of the book: “La riabilitazione erettile dopo prostatectomia radicale. Guida per il paziente” – 2005
- Author of the book chapter “Tumori superficiali della vescica” in: Amadori, Croce “Terapia molecolare in oncologia”, Poletto Editore 2005.
- Co-Editor of the book: **Radical prostatectomy. From open to robotic.** Kirby, Montorsi, Gontero and Smith Jr Editors. Informa Healthcare UK Ltd 2007.